

FAMILY DISASTER PLAN

- Discuss the types of disasters that are most likely to happen. Explain what to do in each case.
- Learn about your community's warning system. What should you do when it is activated?
- Find out about the disaster plans at your workplace, your children's school or daycare center and other places where your family spends time.
- Pick two places to meet:
 1. Right outside your home in case of a sudden emergency, like a fire.
 2. Outside your neighborhood
- Ask an out-of-state friend or family member to be your "family contact." After a disaster, it's often easier to call long distance. Other family members should call this person and tell them where they are. Everyone must know your contact's phone number.
- Discuss what to do in an evacuation.
- Plan how to take care of your pets.
- Determine the best escape routes from your home. Find two ways out of each room.
- Find the safe spots in your home for each type of disaster or emergency.
- Teach children how and when to call 9-1-1.
- Teach family members where the fire extinguisher is kept and show them how to use it.
- Conduct fire and emergency evacuation drills and update your plan annually.
- Show each family member how and when to shut off the water, gas and electricity at the main valves, meters or boxes.
- Conduct a home hazard hunt.
- Assemble and stock an emergency-preparedness kit.
- Take a Red Cross first aid and CPR class.